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State/Territory Name: Pennsylvania

State Plan Amendment (SPA) #: 26-0002

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) Form CMS 179
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Medicare & Medicaid Services
601 E. 12th St., Room 355
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

January 30, 2026

Valerie A. Arkoosh, MD, MPH
Secretary, Department of Human Services
P.O. Box 2675
Harrisburg, PA 17105-2675

Re: Pennsylvania State Plan Amendment (SPA) – 26-0002

Dear Secretary Arkoosh:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 26-0002. This amendment adds Psychiatric Rehabilitation Services to the Pennsylvania Medicaid State Plan.

We conducted our review of your submittal according to the statutory requirements in Title XIX of the Social Security Act and implementing regulations. This letter informs you that Pennsylvania's Medicaid SPA TN 26-0002 was approved on January 30, 2026, with an effective date of January 1, 2026.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the Pennsylvania State Plan.

If you have any questions, please contact Margaret Kosherzenko at (215) 861-4288 or via email at Margaret.Kosherzenko@cms.hhs.gov.

Sincerely,

WENDY E. HILL
PETRAS -S

Digitally signed by WENDY E.
HILL PETRAS -S
Date: 2026.01.30 12:09:33
-08'00'

Wendy E. Hill Petras, Acting Director
Division of Program Operations

Enclosures

cc: Eve Lickers

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER

2 6 — 0 0 0 2

2. STATE

PA3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL
SECURITY ACT

XIX



XXI

TO: CENTER DIRECTOR
CENTERS FOR MEDICAID & CHIP SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE

January 1, 2026

5. FEDERAL STATUTE/REGULATION CITATION

42 CFR 440.130(d)

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)

a. FFY 2026 \$ 5,844,255b. FFY 2027 \$ 7,979,990

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT

Attachment 3.1A/3.1B, Pages 6k and 6l
Attachment 4.19B, Page 118. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION
OR ATTACHMENT (If Applicable)

Page 4.19B, Page 11, TN 16-0022

9. SUBJECT OF AMENDMENT

Psychiatric Rehabilitation Services - This amendment adds Psychiatric Rehabilitation Services

10. GOVERNOR'S REVIEW (Check One)



GOVERNOR'S OFFICE REPORTED NO COMMENT



COMMENTS OF GOVERNOR'S OFFICE ENCLOSED



NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL



OTHER, AS SPECIFIED:

11. SIGNATURE OF STATE AGENCY OFFICIAL



12. TYPED NAME

Valerie A. Arkoosh, MD, MPH

13. TITLE

Secretary of Human Services

14. DATE SUBMITTED

November 3, 2025

15. RETURN TO

Commonwealth of Pennsylvania
Department of Human Services
Office of Medical Assistance Programs
Bureau of Policy, Analysis and Planning
P.O. Box 2675
Harrisburg, Pennsylvania 17105-2675**FOR CMS USE ONLY**

16. DATE RECEIVED

11/07/2025

17. DATE APPROVED

01/30/2026

PLAN APPROVED - ONE COPY ATTACHED

18. EFFECTIVE DATE OF APPROVED MATERIAL

01/01/2026

19. SIGNATURE OF APPROVING OFFICIAL

WENDY E. HILL PETRAS - Digitally signed by WENDY E. HILL
PETRAS -S
Date: 2026.01.30 12:08:51 -08'00'

20. TYPED NAME OF APPROVING OFFICIAL

Wendy E. Hill Petras

21. TITLE OF APPROVING OFFICIAL

Acting Director, Division of Program Operations

22. REMARKS

SERVICES

13d. Rehabilitative Services (continued)

(vi) Psychiatric Rehabilitation Services (42 CFR 440.130(d))

Psychiatric Rehabilitation Services (PRS) are an evidence-based recovery-oriented rehabilitative service that is recommended by a licensed practitioner of the healing arts acting within the scope of their professional practice under state law to reduce the disabling effects of a mental, behavioral, or emotional disorder and restore the individual to live, learn, socialize and work in their community and to improve their physical and mental health. PRS promotes empowerment, recovery and resiliency, full community integration and improved quality of life. PRS helps individuals reach age-appropriate functioning that has either been lost or never achieved because development was interrupted by a mental, behavioral or emotional disorder.

PRS providers must be licensed by the Office of Mental Health and Substance Abuse Services and be enrolled in, and comply with, all requirements that govern participation in the Medical Assistance Program.

PRS may be delivered on an individual or group basis. Services include:

- **Assessment:** Individualized assessment which includes the completion of an evaluation of formal and natural supports and an evaluation of strengths and the specific skills, supports, and resources the individual needs to minimize negative effects of a mental, behavioral, or emotional disorder.
- **Goal Setting:** Strengths-based planning, using the assessment findings, to develop goals that are included in the individual rehabilitation plan and address functional impairments associated with a mental, behavioral, or emotional disorder.
- **Skill Development:** Teaching individualized skills that support functional gains and assist the individual to live in the community.
- **Supports Development:** Assisting the individual in building a system of natural and formal supports that will assist in resource development to support functional gains and assist the individual to live in the community.
- **Crisis Management:** Identifying potential crises and developing a crisis management plan.
- **Care Coordination:** Contact with other mental health, physical health or human service formal and natural supports to coordinate service planning between service agencies.

PRS are provided by the following qualified staff under the supervision of the PRS Director:

- a) Psychiatric rehabilitation specialist shall meet one of the following qualifications:
- A bachelor's degree and 2 years work experience in mental health direct service, 1 year of which must be work experience in PRS. Certified Psychiatric Rehabilitation Practitioner (CPRP) or Child and Family Resiliency Practitioner (CFRP) certification that is appropriate to the age of the population the agency is serving shall be attained within 2 years from the date of hire as a psychiatric rehabilitation specialist or within 2 years of the date the PRS agency received approval of its service description for serving a population under 18 years of age, whichever is later.
 - CPRP or CFRP certification that is appropriate to the age of the population the agency is serving.

13d. (vi) Psychiatric Rehabilitation Services (42 CFR 440.130) (continued)

- a) Psychiatric rehabilitation worker shall have one of the following:
 - A bachelor's degree.
 - An associate's degree and 1 year work experience in mental health direct service.
 - A Certified Peer Specialist certificate and 1 additional year paid or volunteer work experience in mental health direct service.
 - A high school diploma or GED and 2 years work experience in human services which must include 1 year of mental health direct service.
- b) A psychiatric rehabilitation assistant shall have a high school diploma or GED and 6 months experience in human services.

Supervision: A director of PRS qualifies to provide supervision for these services if they meet one of the following:

- A bachelor's degree and Certified Psychiatric Rehabilitation Practitioner (CPRP) certification or Child and Family Resiliency Practitioner (CFRP) certification that is appropriate to the age of the population the agency is serving.
- A bachelor's degree and at least 3 years work experience in mental health direct service, 2 years of which must be work experience in PRS. CPRP or CFRP certification that is appropriate to the age of the population the agency is serving shall be attained within 2 years of hire as a PRS director.
- An associate's degree and CPRP certification, if employed as the PRS director of a licensed PRS facility for at least 6 months immediately prior to May 11, 2013.

METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES – OTHER TYPES OF CARE

26. Mental Health Rehabilitation Services – Payment rates for mental health rehabilitation services are listed in the Medical Assistance Program Outpatient Fee Schedule, which is posted on the Department's website at: <https://www.pa.gov/agencies/dhs/resources/for-providers/ma-for-providers/ma-fee-schedule>

Subsequent adjustments to the fee schedule are announced by public notice published in the Pennsylvania Bulletin.

Except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers of mental health rehabilitation services. The agency's fee schedule rates were last updated on January 1, 2026, and are effective for dates of service on and after that date.

- (I) Family-Based Mental Health Rehabilitative Services
- (II) Mental Health Crisis Intervention Services
- (III) Mobile Mental Health Treatment
- (IV) Peer Support Services
- (VI) Psychiatric Rehabilitation Services

State agency fee schedule based on established criteria.*